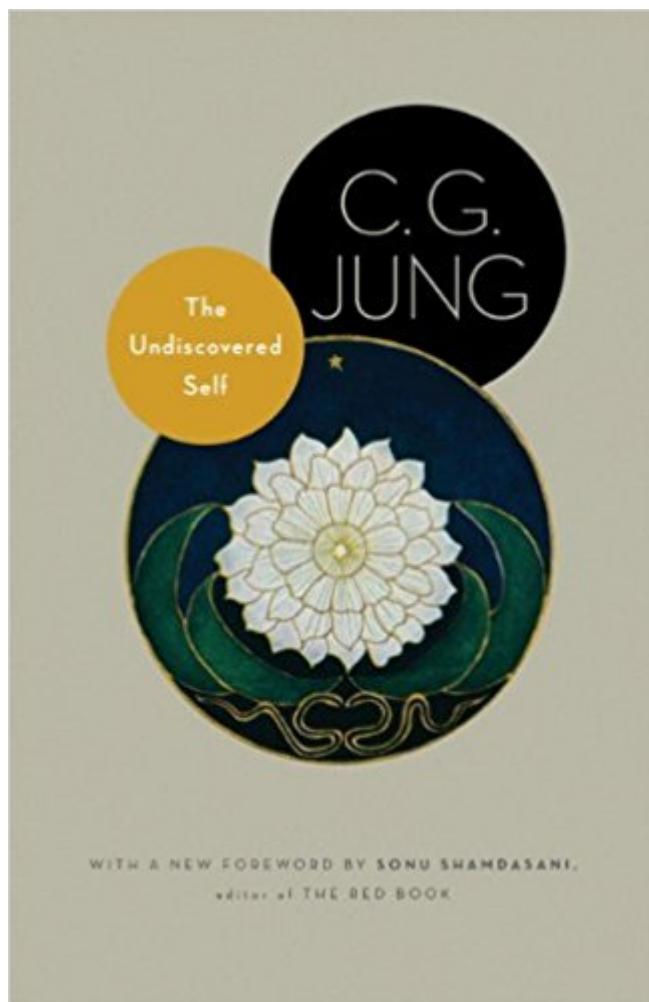


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# The Undiscovered Self: With Symbols And The Interpretation Of Dreams (Jung Extracts)



## **Synopsis**

These two essays, written late in Jung's life, reflect his responses to the shattering experience of World War II and the dawn of mass society. Among his most influential works, "The Undiscovered Self" is a plea for his generation--and those to come--to continue the individual work of self-discovery and not abandon needed psychological reflection for the easy ephemera of mass culture. Only individual awareness of both the conscious and unconscious aspects of the human psyche, Jung tells us, will allow the great work of human culture to continue and thrive. Jung's reflections on self-knowledge and the exploration of the unconscious carry over into the second essay, "Symbols and the Interpretation of Dreams," completed shortly before his death in 1961. Describing dreams as communications from the unconscious, Jung explains how the symbols that occur in dreams compensate for repressed emotions and intuitions. This essay brings together Jung's fully evolved thoughts on the analysis of dreams and the healing of the rift between consciousness and the unconscious, ideas that are central to his system of psychology. This paperback edition of Jung's classic work includes a new foreword by Sonu Shamdasani, Philemon Professor of Jung History at University College London.

## **Book Information**

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## **Customer Reviews**

In this book Jung correctly predicted that Communism had to collapse from within. No one else

saw that coming. Why should they? For, as he points out, the mass state had all the force of the big battalions on their side- politics, science, and technology were their natural allies. And yet they collapsed.\_Should we rejoice in this? Why? Jung points out that the West is every bit as materialistic as our former Communist opponents. Our spiritual base is gone- in the place of true religion we have aging cults that serve the status quo. There is no inner power there. Every place Jung uses the term Communist, you can substitute Corporate and you have the same animal. That is because both are hierarchical structures where the individual counts for nothing. Indeed, the self-knowledge or individualization that would produce true men and women capable of standing up to the hierarchy is actively discouraged. They are trapped in the illusion of statistical man and of the organization- neither of which really exist. Only a few at the top can exercise the power of a true individual, and even they are usually no more than mouthpieces for the undeveloped masses and their unconscious drives.\_The hope for Jung lies in true religion. The freedom and autonomy of the individual depends on deep inner experience of a metaphysical nature. This is not "faith"; it is direct knowing. Even the deepest faith may melt away with time and circumstances- but not direct experience. It is only this that gives the individual the power to stand up to mass tyranny- and to the World itself. When you haven't made this breakthrough (which requires deep introspection, effort, and, yes, suffering) then other things get deified and charged with demonic energy- money, work, political influence...

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